

BALKAN RECORDS - WOMEN*Balkan Masters Athletics Alltimes Indoor Records**Updated at 01.04.2025**Updated by Ivan Puksar, Daniel Marinescu, Odysseas Agros, Ventseslav Ivanov, Nikolaos Arvanitis*

Event	Impl.	Categ	Result	Name / Surname	Country	Birth Date	Date	Location	Meeting Name
60m		F35	7.23	Maria TSONI	GRE	01.03.1963	01.02.1998	Athens, GRE	Greek seniors meeting
60m		F40	7.17	Merlene OTTEY	SLO	10.05.1960	07.03.2003	Linz, AUT	International meeting
60m		F45	7.30	Merlene OTTEY	SLO	10.05.1960	09.02.2007	Leipzig, GER	International meeting
60m		F50	8.09	Adina GHEORGHIU*	ROM	04.01.1975	19.01.2025	Dublin, IRL	National indoor League
60 m		F50	8.15	Adina GHEORGHIU	ROM	04.01.1975	24.03.2025	Gainesville, USA	WMACI
60m		F55	8.24	Renata NOVOSEL	CRO	28.11.1967	04.03.2023	Zagreb,CRO	Croatian masters championship
60m		F60	9.2	Yukselen KABADAYI	TUR	12.03.1937	13.01.2000	Athens, GRE	Greek masters Championships
60m		F65	9.70	Sibel TERCAN	TUR	29.11.1959	15.02.2025	Istanbul, TUR	Turkish masters Championships
60m		F70	10.3	Rozka STANCHEVA	BUL	02.05.1932	21.02.2004	Sofia, BUL	Bulgarian masters championships
60m		F75	11.17	Marjeta ČAD	SLO	06.04.1943	04.03.2023	Zagreb,CRO	Croatia & Slovenia champ.
60m		F80	12.56	Ayse Cicek Solon SENSOY	TUR	06.04.1943	20.03.2024	Torun, POL	EMACI
60 m		F85	16.26	Fehime OZKAN	TUR	01.07.1939	15.02.2025	Istanbul, TUR	Turkish masters Championships
60m		F90	16.81	Elena PAGU	ROU	25.07.1926	27.03.2019	Torun, POL	WMACI
60 m		F95	18.30	Elena PAGU	ROU	25.07.1926	25.09.2021	Ancona,ITA	EMAF
200m		F35	24.88	Monica GACHEVSKA	BUL	30.01.1974	27.02.2010	Sofia, BUL	International student cup
200m		F40	23.93	Merlene OTTEY	SLO	10.05.1960	28.01.2003	Vienna, AUT	International meeting
200m		F45	25.89	Adina GHEORGHIU	ROM	04.01.1975	31.03.2023	Torun,POL	WMACI
200m		F50	26.41	Adina GHEORGHIU	ROM	04.01.1975	28.03.2025	Gainesville, USA	WMACI
200m		F55	28.01	Renata NOVOSEL	CRO	28.11.1967	11.02.2023	Zagreb, CRO	Senior meeting
200m		F60	33.97	Branka GRAIC	CRO	27.07.1956	11.03.2018	Belgrade, SRB	Balkan Masters championships
200m		F65	37.18	Nursel CAKMAK	TUR	01.01.1956	06.05.2023	Istanbul, TUR	Turkish masters championships
200m		F70	36.51	Eremia ARISTITA	ROU	24.05.1954	02.03.2025	Bucharest, ROU	Romanian masters champ.
200m		F75	43.29	Olimpiada RADU	ROU	05.01.1937	09.03.2013	Bucharest, ROU	Romanian masters championships
200m		F80	44.16	Maria ENE	ROU	24.11.1938	03.03.2019	Istanbul, TUR	BAMACI
200m		F85	53.83	Maria ENE	ROU	24.11.1938	02.03.2024	Bucharest, ROU	Romanian masters champ.
200m		F90	1:43.91	Veronica NEGREANU	ROU	06.11.1930	05.03.2023	Bucharest, ROU	Romanian masters ch.
400m		F35	55.29	Andrianna FERRA	GRE	11.02.1988	02.03.2023	Istanbul, TUR	EMACI
400m		F40	59.23	Anastasia THOMAIDOU	GRE	30.01.1978	10.02.2018	Athens, GRE	Greek seniors championships
400m		F45	59.23	Anastasia THOMAIDOU	GRE	30.01.1978	17.02.2024	Athens,GRE	Greek seniors championships
400m		F50	1:07.95	Zvonka BLATNIK	SLO	19.03.1961	05.04.2012	Jyvaskyla, FIN	WMACI
400m		F55	1:08.61	Zvonka BLATNIK	SLO	19.03.1961	03.04.2016	Ancona, ITA	EMACI
400m		F60	1:18.31	Zvonka BLATNIK	SLO	19.03.1961	12.03.2022	Novo Mesto,SLO	BAMACI
400m		F65	1:25.02	Coculeana OLTEAN	ROU	23.12.1956	05.03.2022	Bucharest, ROU	Romanian masters ch.
400m		F70	1:35.82	Jozica ROGELJ	SLO	16.02.1947	02.03.2019	Istanbul, TUR	BAMACI
400m		F75	1:38.89	Maria ENE	ROU	24.11.1938	12.03.2016	Bucharest, ROU	BAMACI
400m		F80	1:42.50	Maria ENE	ROU	24.11.1938	02.03.2019	Istanbul, TUR	BAMACI
400m		F85	2:06.70	Maria ENE	ROU	24.11.1938	02.03.2024	Bucharest, ROU	Romanian masters champ.
400m		F90	4:19.38	Despina PETRE	ROU	01.09.1921	18.03.2012	Bucharest, ROU	Romanian masters champ.

800m	F35	2:00.81	Violeta SZEKELY	ROU	23.03.1965	06.02.2000	Bucharest, ROU	Romanian seniors championships
800m	F40	2:17.25	Anastasia THOMAIDOU	GRE	30.01.1978	16.02.2020	Athens, GRE	Masters meeting
800m	F45	2:18.17	Anastasia THOMAIDOU	GRE	30.01.1978	17.02.2024	Pireaus, GRE	Greek masters meeting
800m	F50	2:38.52	Ileana BERES	ROU	30.11.1961	18.03.2012	Bucharest, ROU	Romanian masters championships
800m	F55	2:46.68	Birgit VAN DE WIJGAART	GRE	18.09.1968	22.03.2024	Torun, POL	EMACI
800m	F60	2:59.00	Ileana BERES	ROU	30.11.1961	05.03.2022	Bucharest, ROU	Romanian masters ch.
800m	F65	3:28.81	Marcela PACRITA	ROU	20.06.1954	08.03.2020	Beograd, SRB	BAMACI
800m	F70	3:31.41	Maria ENE	ROU	24.11.1938	13.03.2011	Bucharest, ROU	Romanian masters championships
800m	F75	3:40.44	Jozica ROGELJ	SLO	16.02.1947	19.03.2022	Zagreb, CRO	Croatian national ch.
800m	F80	5:32.43	Birsen INAN	TUR	29.10.1937	03.03.2019	Istanbul, TUR	BAMACI
800m	F85	7:08.79	Fehime OZKAN	TUR	01.07.1939	16.02.2025	Istanbul, TUR	Turkish masters championship
1500m	F35	4:03.61	Violeta SZEKELY	ROU	23.03.1965	15.02.2001	Stockholm, SWE	International meeting
1500m	F40	4:53.68	Tanya DIMITROVA	BUL	30.04.1981	18.03.2023	Istanbul, TUR	BAMACI
1500m	F45	5:00.36	Ileana BERES	ROU	30.11.1961	22.03.2007	Helsinki, FIN	EMACI
1500m	F50	5:40.30	Ileana BERES	ROU	30.11.1961	12.03.2016	Bucharest, ROU	BAMACI
1500m	F55	5:41.75	Ileana BERES	ROU	30.11.1961	08.04.2017	Bucharest, ROU	Romanian masters championships
1500m	F60	5:51.16	Ioana NICA	ROU	07.08.1958	24.09.2021	Ancona, ITA	EMAF
1500m	F65	7:31.57	Semra Emine HERGULMAN	TUR	17.01.1950	11.03.2017	Istanbul, TUR	Turkish masters championships
1500m	F70	7:05.69	Jozica ROGELJ	SLO	16.02.1947	02.03.2019	Istanbul, TUR	BAMACI
1500m	F75	7:26.67	Jozica ROGELJ	SLO	16.02.1947	18.03.2023	Istanbul, TUR	BAMACI
1500m	F80	10:34.78	Mandyla SMARAGDA	GRE	18.01.1940	18.03.2023	Istanbul, TUR	BAMACI
3000m	F35	8:43.49	Maricica PUICA	ROU	29.07.1950	27.02.1987	New York, U.S.A	International meeting
3000m	F40	10:17.35	Spiridoula SOUMA	GRE	27.04.1965	17.03.2008	Clermont Ferrand, FRA	WMACI
3000m	F45	11:16.82	Nikoleta CIORTAN	ROU	17.11.1976	05.03.2023	Bucharest, ROU	Romania masters championship
3000m	F50	12:01.42	Petrana Petkova	BUL	20.09.1972	20.01.2023	Fort Wayne, USA	Seniors meeting
3000m	F55	11:49.44	Svetlana KAYA	TUR	10.05.1969	15.02.2025	Istanbul, TUR	Turkish Masters Championship
3000m	F60	12:30.28	Ioana NICA	ROU	07.08.1958	25.09.2021	Ancona, ITA	EMAF
3000m	F65	15:29.42	Semra Emine HERGULMAN	TUR	17.01.1950	22.02.2015	Istanbul, TUR	BAMACI
3000m	F70	14:47.40	Kazimira LUZNIK	SLO	31.08.1934	17.03.2006	Linz, AUT	WMACI
3000m	F75	15:45.10	Jozica ROGELJ	SLO	16.02.1947	19.03.2023	Istanbul, TUR	BAMACI
3000m	F80	22:43.92	Mandyla SMARAGDA	GRE	18.01.1940	19.03.2023	Istanbul, TUR	BAMACI
3000mw	F35	12:18.26	Antigoni DRISBIOTI	GRE	21.03.1984	18.02.2023	Athens, GRE	Greek senior champs
3000mw	F40	14:08.15	Aggeliki MAKRI	GRE	25.09.1978	28.02.2020	Piraeus, GRE	National senior champs
3000mw	F45	16:31.38	Kalliopi GAVALAKI	GRE	24.12.1966	22.02.2015	Istanbul, TUR	BAMACI
3000mw	F50	15:42.11	Kalliopi GAVALAKI	GRE	24.12.1966	26.03.2019	Torun, POL	WMACI
3000mw	F55	16:44.91	Kalliopi GAVALAKI	GRE	24.12.1966	28.03.2023	Torun, POL	WMACI
3000mw	F60	19:47.7	Monica MOISSIDOU	GRE		18.01.1998	Athens, GRE	Greek masters championships
3000mw	F65	21:55.62	Emilia GUSAT	ROU	21.02.1943	17.03.2008	Clermont Ferrand, FRA	WMACI
3000mw	F70	23:11.47	Emilia GUSAT	ROU	21.02.1943	26.03.2014	Budapest, HUN	WMACI
3000mw	F75	24:55.39	Mira PUHAR	SLO	17.05.1938	22.02.2015	Istanbul, TUR	Balkan masters championships
3000mw	F80	25:34.76	Elena PAGU	ROU	25.07.1926	27.03.2009	Ancona, ITA	EMACI
3000mw	F85	25:57.05	Elena PAGU	ROU	25.07.1926	12.03.2016	Bucharest, ROU	BAMACI
3000mw	F90	27:12.13	Elena PAGU	ROU	25.07.1926	07.03.2020	Beograd, SRB	BAMACI

60mH		F35	8.05	Liliana NASTASE	ROU	01.08.1962	28.02.1997	Bucharest, ROU	Romanian seniors championships
60mH		F40	8.95	Florina MARIN	ROU	05.10.1974	08.03.2015	Bucharest, ROU	Romanian masters championships
60mH		F45	8.96	Magdalena HRISTOVA	BUL	25.02.1977	01.04.2023	Torun, POL	WMACI
60mH		F50	9.54	Florina MARIN	ROU	05.10.1974	02.03.2025	Bucharest, ROU	Romanian Masters champ.
60mH		F55	10.20	Hulya Figen KARADAG	TUR	05.05.1968.	23.03.2024	Torun, POL	EMACI
60mH		F60	12.54	Kamuran SONMEZ	TUR	15.02.1958	03.03.2019	Istanbul,TUR	BAMACI
60mH		F65	12.59	Kamuran SONMEZ	TUR	15.02.1958	19.03.2023	Istanbul,TUR	BAMACI
60mH		F65	14.25	Eleni GOUZIA	GRE	07.01.1945	17.03.2011	Gent, BEL	EMACI
60mH		F70	14.40	Eleni GOUZIA	GRE	07.01.1945	27.03.2015	Torun, POL	EMACI
LJ-i		F35	6.45	Mirela DULGHERU	ROU	05.10.1966	25.02.2001	Bucharest, ROU	Romanian seniors championships
LJ-i		F40	5.72	Florina MARIN	ROU	05.10.1974	06.03.2016	Bucharest, ROU	Romanian municipal championships
LJ-i		F45	5.73	Magdalena HRISTOVA	BUL	25.02.1977	27.03.2023	Torun, POL	WMACI
LJ-i		F50	5.22	Renata NOVOSEL	CRO	28.11.1967	09.03.2019	Zagreb, CRO	Croatian masters championship
LJ-i		F55	5.29	Renata NOVOSEL	CRO	28.11.1967	04.03.2023	Zagreb, CRO	Croatian masters championship
LJ-i		F60	3.55	Ayten BENLI	TUR	04.10.1962.	25.02.2024	Bursa,TUR	Turkish masters championship
LJ-i		F65	3.46	Sibel TERCAN	TUR	29.11.1959	16.02.2025	Istanbul, TUR	Turkish masters championship
LJ-i		F70	3.32	Rozka STANCHEVA	BUL	02.05.1932	22.02.2003	Sofia, BUL	Bulgarian masters championships
LJ-i		F75	2.27	Ayse CICEK SOLON	TUR	06.04.1943	03.03.2019	Istanbul, TUR	BAMACI
LJ-i		F80	1.82	Mira PUHAR	SLO	17.05.1938	23.02.2019	Novo Mesto, SLO	Slovenian masters champ.
TJ-i		F35	14.00	Olga BOLSHOVA	MDA	16.06.1968.	02.02.2003	Espinho,POR	Seniors Club Championship
TJ-i		F40	12.00	Biljana TOPIC	SRB	17.10.1977	10.03.2018	Belgrade, SRB	BAMACI
TJ-i		F45	10.78	Fani Lykou	GRE	13.02.1976	29.01.2022	Athens,GRE	International meeting
TJ-i		F50	10.19	Figen KARADAG	TUR	05.05.1968	27.02.2021	Istanbul,TUR	Turkish masters championships
TJ-i		F55	9.97	Figen KARADAG	TUR	05.05.1968	21.03.2024	Torun,POL	EMACI
TJ-i		F60	8.02	Ayten BENLI	TUR	04.10.1962	18.03.2023	Istanbul, TUR	BAMACI
TJ-i		F65	6.57	Ayse BABUR	TUR	01.02.1956	18.03.2023	Istanbul, TUR	BAMACI
TJ-i		F75	4.71	Mira PUHAR	SLO	17.05.1938	21.02.2015	Istanbul, TUR	BAMACI
TJ-i		F80	4.21	Mira PUHAR	SLO	17.05.1938	02.03.2019	Istanbul, TUR	BAMACI
HJ-i		F35	1.97	Venelina VENEVA	BUL	13.06.1974	18.02.2011	Bucharest, ROU	International meeting
HJ-i		F40	1.94	Venelina VENEVA	BUL	13.06.1974	15.02.2015	Dobrich, BUL	Bulgarian seniors championships
HJ-i		F45	1.57	Desa GRAJZL CALASAN	SLO	07.06.1970	01.04.2016	Ancona, ITA	EMACI
HJ-i		F45	1.57	Aycan KURTCAN	TUR	22.05.1968	21.03.2018	Madrid, ESP	EMACI
HJ-i		F50	1.52	Aycan KURTCAN	TUR	22.05.1968	27.02.2022	Braga,POR	EMACI
HJ-i		F55	1.40	Aycan KURTCAN	TUR	22.05.1968	29.03.2025	Gainesville,USA	WMACI
HJ-i		F60	1.30	Stanka PREZELJ	SLO	24.04.1952	27.02.2016	Celje, SLO	Slovenian masters championships
HJ-i		F65	1.32	Stanka PREZELJ	SLO	24.04.1952	21.03.2018	Madrid, ESP	European masters championships
HJ-i		F70	1.29	Stanka PREZELJ	SLO	24.04.1952	02.03.2024	Zagreb,CRO	Slovenian masters championship
HJ-i		F75	1,08	Marjeta ČAD	SLO	22.01.1948	02.03.2024	Zagreb,CRO	Slovenian masters championship
HJ-i		F80	0.86	Mira PUHAR	SLO	17.05.1938	02.03.2019	Istanbul, TUR	BAMACI
PV-i		F35	4.75	Tina ŠUTEJ	SLO	07.11.1988.	08.03.2025	Apeldoorn, NL	European senior championship
PV-i		F40	3.45	Ivona JERKOVIC	CRO	20.09.1976	21.03.2018	Madrid, ESP	EMACI
PV-i		F45	3.30	Ivona JERKOVIC	CRO	20.09.1976	19.03.2022	Zagreb,CRO	Croatian national championship
PV-i		F50	2.50	Ana Peček	SLO	13.03.1968	23.02.2019	Novo Mesto, SLO	Slovenian masters ch.
PV-i		F55	2.30	Daniela MILITARU	ROU	02.12.1962	15.12.2018	Bucharest, ROU	Romanian masters meeting

SP-i		F35	20.78	Ivanka HRISTOVA	BUL	19.11.1941	14.02.1976	Sofia, BUL	Bulgarian seniors championships
SP-i		F40	13.90	Gorana TEŠANOVIC	BIH	09.05.1977	24.02.2018	Zagreb, CRO	Croatian seniors championships
SP-i		F45	13.55	Alexandra MARGHIEVA	MDA	27.06.1959	28.03.2009	Ancona, ITA	European masters championships
SP-i		F50	15.17	Alexandra MARGHIEVA	MDA	27.06.1959	19.03.2011	Gent, BEL	European masters championships
SP-i		F55	14.53	Mihaela LOGHIN	ROU	01.06.1952	18.03.2011	Gent, BEL	European masters championships
SP-i		F60	13.70	Mihaela LOGHIN	ROU	01.06.1952	23.03.2015	Torun, POL	European masters championships
SP-i		F65	12.94	Mihaela LOGHIN	ROU	01.06.1952	11.03.2018	Belgrade, SRB	Balkan masters championships
SP-i		F70	10.49	Magdalini ROULIDU	GRE	22.11.1951	27.03.2023	Torun, POL	WMACI
SP-i		F75	9.37	Marjeta ČAD	SLO	22.01.1948	08.03.2024	Beograd,SRB	BAMO meeting
SP-i		F80	6.69	Angela MINCULESCU	ROU	11.04.1935	13.03.2016	Bucharest, ROU	Balkan masters championships
SP-I		F85	4.67	Fota STAMATIA	GRE	06.12.1933	23.02.2020	Athens, GRE	Masters meeting
SP-I		F90	3.32	Fota STAMATIA	GRE	06.12.1933	10.02.2024	Pireus, GRE	Masters meeting
WT-i		F35	10.56	Sabina KREBEL J	SLO	07.12.1976	22.03.2013	San Sebastian, ESP	EMACI
WT-i		F40	10.82	Sabina KREBEL J	SLO	07.12.1976	24.03.2017	Daegu, KOR	WMACI
WT-i		F50	11.65	Floarea PASCAL	ROU	06.05.1967	25.03.2019	Torun, POL	WMACI
WT-i		F55	11.41	Floarea PASCAL	ROU	06.05.1967	28.03.2023	Torun, POL	WMACI
WT-i		F60	13.57	Teodora ALBRECHT	ROU	08.03.1946	25.03.2009	Ancona, ITA	EMACI
WT-i		W70	10.61	Magda ROILIDOU	GRE	22.11.1951	28.03.2023	Torun, POL	WMACI
PEN-F-i		F35	4466	Liliana NASTASE	ROU	01.08.1962	25.02.2000	Gent, BEL	European seniors championships
PEN-F-i		F40	3922	Florina MARIN	ROU	05.10.1974	08.03.2015	Bucharest, ROU	Romanian masters championships
PEN-F-i		F45	3771	Desa GRAJZL CALASAN	SLO	07.06.1970	29.03.2016	Ancona, ITA	EMACI
PEN-F-i		F50	3523	Mojca BREGANSKI	SLO	23.09.1969	26.02.2022	Braga, POR	EMACI
PEN-F-i		F55	2792	Aycan KURTCAN	TUR	22.05.1968	22.03.2024	Torun, POL	EMACI
PEN-F-i		F60	2828	Marcela PACRITA	ROU	20.06.1954	08.03.2015	Bucharest, ROU	Romanian masters championships
PEN-F-i		F65	2387	Eleni GOUZIA	GRE	07.01.1945	19.03.2011	Gent, BEL	EMACI
PEN-F-i		F70	2635	Eleni GOUZIA	GRE	07.01.1945	27.03.2015	Torun, POL	EMACI
4x200m		F35	2:06.01	Z.Burcu Yenipnar (12.10.82), D.Tanaydin (27.10.69), G.Guresci (22.03.81), Z. Yildiz (01.10.79)	TUR		02.03.2023	Istanbul, TUR	BAMACI
4x200m		F40	2:00.54	P. Soydemir (9.3.72.),F.Karadag (5.5.68),C.Demberci (18.6.73.),Z.B. Yenipinar (12.10.82.)	TUR		06.05.2023	Istanbul, TUR	Turkish masters championship
4x200m		F45	2:00.93	T. Vranes (9.1.73), V. Odri (24.12.72), S. Pilipovic (2.3.73), V. Gajic (21.4.67)	SRB		10.03.2018	Belgrade, SRB	BAMACI
4x200m		F50	2:08.03	B. Kilic (30.11.65), F. Anter (30.4.65), S. Salginoglu (30.10.1964)	TUR		02.03.2019	Istanbul, TUR	BAMACI
4x200m		F55	2:33.92	K. Semkova,R. Stamenova, T. Nikolova, T. Ivanova	BUL		07.03.2020	Belgrade, SRB	BAMACI
4x200m		F60	2:49.24	N. Cakmak (1.1.56), A. Yildiz (29.8.51), Y. Sevil (6.2.57), K. Sonmez (15.2.58)	TUR		10.03.2018	Belgrade, SRB	BAMACI